

Εκπαίδευση στη Σεξουαλική Ιατρική και Ψυχο-σεξολογία
Σήμερα!

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Ψυχολόγος Υγείας-Σεξολόγος

Δύο Ευρωπαϊκές Επιστημονικές Εταιρείες...



ESSM

European Society for
Sexual Medicine



E F S

EUROPEAN FEDERATION OF
SEXOLOGY

Η Δόξα...

INSTITUTIONAL CONTEXT AND STRATEGIC PERSPECTIVES

The European Academy for Sexual Medicine (EASM): the challenge of developing European training standards in sexual medicine

JOHN PRYOR

Chairman, Board of Trustees, the European Academy for Sexual Medicine

There have been many changes in education over the past 25 years, but in Europe there is still a great variation in the training of health care specialists. This is not only true for undergraduate and postgraduate medical practitioners, but also for nurses, counsellors and therapists. Greater communication between individuals, organisations and governments has produced many of these changes and there is a trend towards harmonisation. Other changes have stemmed from non-medical factors, such as the reduction of working hours and a culture of increased litigation.

In 2004, Dimitris Hatzichristou, who was at that time President of the European Society for Sexual Medicine (ESSM), Alan Riley and Kevan Wylie were discussing training in sexual medicine and identified a need for a European training programme and qualification. I was invited subsequently by the executive committee of ESSM to establish a European qualification and to conduct the first trials in the United Kingdom, where both Alan and Kevan are associated with degree courses in sexual medicine.

A Brief Note on the European Academy for Sexual Medicine

The European Academy for Sexual Medicine (EASM) is an independent, not-for-profit, charitable organization that was founded in 2004, to “promote and encourage the highest standards of practice, education, training and research in the field of sexual medicine.” Its founder trustees, John Bancroft, Hartmut Bosinski, Ian Eardley, Kerstin Fugl-Meyer, Marc Ganem, Dimitrios Hatzichristou, Willi Pasini, Robert Porto, John Pryor (chair), and Gorm Wagner, have agreed upon a definition of sexual medicine and a curriculum. The curriculum has been developed for the guidance of candidates preparing for the European Examination in Sexual Medicine to become a Fellow of the European Academy of Sexual Medicine. Although the candidates may have different speciality backgrounds, they all

need to have basic education in human sexuality and sexual function, in order to provide a holistic, patient-centered management of sexual health problems.

The EASM has just advertised for a Director to lead the organization of the first teaching course to be held at Oxford, UK, July 15–27, 2007. The Director will continue this role at the European Society of Sexual Medicine and European Federation of Sexology annual meetings. Further details are available on their websites.

The EASM is most grateful to the European Society for Sexual Medicine for financial support.

JOHN PRYOR, MD
*Chair, Board of Trustees,
European Academy for Sexual Medicine*

ESSM SCHOOL, από το 2007

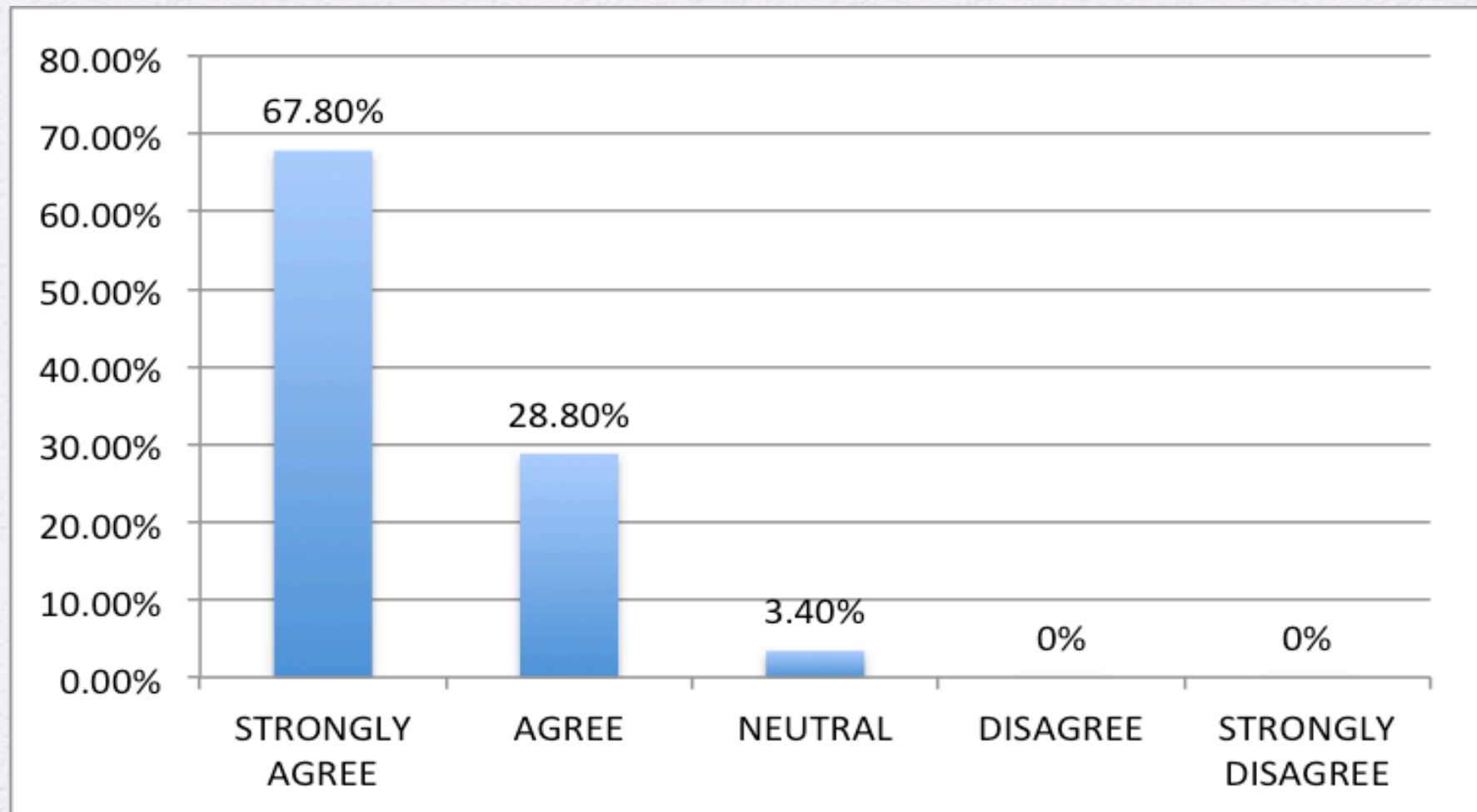
Πάνω από 400 συμμετέχοντες

- Ευρώπη,
- Ασία,
- Αφρική,
- Αυστραλία
- Αμερική

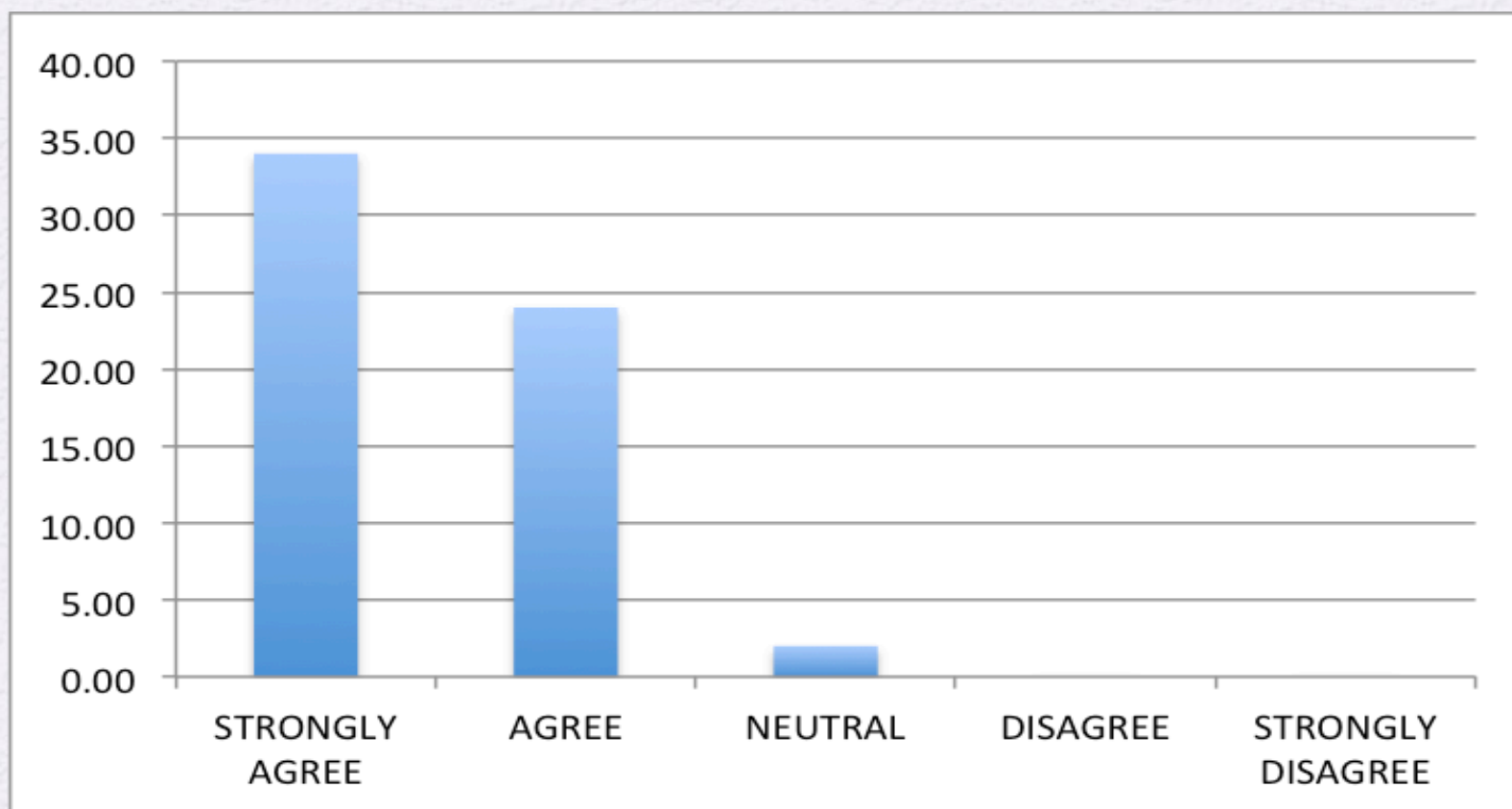
- 80 ώρες εκπαίδευσης
- 2007- 2012 στην Οξφόρδη καλοκαίρι
- 2013- σήμερα Βουδαπέστη τον Οκτώβρη

Νιώθετε πιο επαρκείς για να διαχειριστείτε τα σεξουαλικά προβλήματα

των ασθενών σας, μετά την παρακολούθηση το ESSM SCHOOL?



Διευρύνετε τις υπηρεσίες που προσφέρετε στους ασθενείς σας?



ESSM SCHOOL

η εμπειρία...



ESSM SCHOOL

μια εξαντλητική εμπειρία





EUROPEAN UNION OF MEDICAL SPECIALISTS

Multidisciplinary Joint Committee

Clinical Genetics
Emergency Medicine
Hand Surgery
Immune Mediated Disease
Intensive Care Medicine
Oncology
Pain Medicine
Paediatric Urology
Sexual Medicine
Spine Surgery
Sports Medicine

Multidisciplinary Joint Committee of Sexual Medicine

MJCSM

The Multidisciplinary Joint Committee on Sexual Medicine (MJCSM) is working under the auspices of the European Union of Medical Specialists (UEMS). MJCSM's objectives are to study, promote and harmonize the highest level of Sexual Medicine in Europe - both on the basic and postgraduate level. We aim to achieve these objectives by the following means:

- Setting educational standards for training institutions and the maintenance of such standards.
- Identifying minimal requirements for training and publish a European Curriculum.
- Defining rules for accreditation of educational activities.
- Offering a systematic assessment for the recognition of quality, both for the individual and training institutions.

The MJCSM is supported by the ESSM and consists of delegates that are nominated by the:

- European Board of Urology (EBU)
- European Board and College of Obstetrics and Gynaecology (EBCOG)
- UEMS section of Psychiatry
- Residents representative



Multidisciplinary Joint Committee of Sexual Medicine

Since 2011

Members of MJCSM are:

Ian Eardly (UK) – Chairman
Y. Reisman (NL) – Secretary
S. Kliesch (D) – Treasurer
J. Bitzer (CH)
S. Born (D)
C. Costa (P)
J. Dean (UK)
R. Kirschner (N)
J.E. Nystrup (DK)
W. Weidner (D)

Members of the Exam Committee are:

J. Bitzer (CH) – Chairman
B. Cuzin (F)
C. Costa (P)
E. Kirana (G)
J.E. Nystrup (DK)
A. Shechter (IL)
Y. Reisman (NL)

Contact information:

Y. Reisman – secretary of the MJCSM:
Secretary.mjcsm@gmail.com



Fellow of the European Committee of Sexual Medicine

The first qualification examination took place on December 2012

Dates to remember

Exam date	Wednesday, 5 December 2012
Preliminary time table	12:15 - 13:00 Opening of exam room 13:00 - 13:15 Introduction (exam room) 13:15 - 16.15 Exam time (meeting room) from 16:15 Exam reception

Examination fee : € 400,-

The qualification examination of the Multidisciplinary Joint Committee on Sexual Medicine (MJCSM) took place on 5th December 2012.

Sexual Medicine is a discipline concerned with the impact of physiology and pathophysiology, psychology and psycho-pathology, relationships, socio-cultural influences, developmental effects, sexual identity, sexual behaviours, gender identity and inter-gender differences on the sexuality of men and women of all ages, both as individuals and within the context of their relationships. Its aim is the restoration of sexual health, a state of complete physical, mental, and social well-being with respect to sexuality, as well as the management of sexual problems.

The MJCSM was established by the UEMS specialist sections of Urology, Obstetrics and Gynaecology and Psychiatry and functions within the framework of their respective statutes and bylaws. The main objective is to guarantee the highest standards of health care in the field of Sexual Medicine in the countries of the European Union and associated European countries, by ensuring that the training in Sexual Medicine is raised to the optimal level. The MJCSM shall recommend the content of training programmes, the access for training, and professional knowledge and skills for Sexual Medicine.

The MJCSM issue a certificate of recognition of quality of the training programme. Prior to entry into training in Sexual Medicine, candidates should be accredited in a medical specialty relevant to the practice of Sexual Medicine. Such specialties include Urology, Obstetrics and Gynaecology, Psychiatry, Internal Medicine and General Practice, although this is not a comprehensive list.

The MJCSM determine the standards for training and assessment in Sexual Medicine. Successful candidates will be awarded on behalf of the MJCSM the title of "Fellow of European Committee on Sexual Medicine (FECSM)".



Fellow of the European Committee of Sexual Medicine

Who can apply?

"Fellow of the European Committee on Sexual Medicine (FECSM)" is a particular qualification in Sexual Medicine awarded under auspices of the UEMS, the EU organisation with responsibility for specialist medical practice. To be eligible to take the examination, you must be:

- A registered medical practitioner

AND

- Accredited as a medical specialist in your country of practice,

OR

- A General Practitioner/Family Physician with more than 5 years' clinical experience of unsupervised independent practice

When registering for the exam, the applicant should deliver:

- A fully-completed registration form
- A CV with description of his/her educational and clinical experience in the field of Sexual Medicine.
- A list of publications in the field of Sexual Medicine, if any (not obligatory).
- Authenticated proofs of your medical qualifications.
- A letter of recommendation from an ISSM / ESSM member (not obligatory)



Fellow of the European Committee of Sexual Medicine

Examination format

The exam duration will be 3 hours and is likely to include 100-120 MCQ in 5 domains of Sexual Medicine:

1. Basic science (including psychology) of the sexual response including sexual development
2. General sexual issues
 - a. Impact of gender
 - b. Impact of aging
 - c. Sexual orientation
 - d. Ethical and legal aspects
 - e. Historical aspects
3. Diagnosis and management of male sexual dysfunctions
4. Diagnosis and management of female sexual dysfunctions
5. Other sexual disorders
 - a. Gender identity disorders
 - b. Problematic and variant sexual behaviours
 - c. Impact of other conditions, including STI, cancer and cancer treatments

The content of the examination will be according to the curriculum of Sexual Medicine defined by the MJCSM. The following list of topics is only a guide to the topics that will be included in the examination:

The Sexual Physician must have acquired, and must maintain, specialised knowledge



Multidisciplinary Joint Committee of Sexual Medicine

The Distribution of the MCQ will be according to the following table:

Domain	Total no. MCQ	Basic knowledge	Differentiation
Basic & physiology/hormones/anatomy	15	5	10
GID, addiction, paraphilia, orientation	5	1	4
Mix (diseases, iatrogenic, STD, etc)	20	8	12
Male sexual dysfunction	30	12	18
Female sexual dysfunction	30	12	18
Total	100	38	62

Fellow of the European Committee of Sexual Medicine (FECSM)

The MJCSM and the Executive Committee of the
ESSM congratulate the following persons with the new
qualification as FECSM:

- 5/12/2012:
- 80% success
- 323 participants from 55 countries
 - Africa 10
 - Asia 12
 - Australia 4
 - Middle East 57
 - North America 8
 - South America 4



WFT NIVO

Candidate not present (to be filled in by surveillant)

Name D. Hatzichristou
Candidate number 17462524
Date of birth 05-12-2012

Signature _____

Examination code MJCSM.
Examination subject MJCSM
Examination date/place 05-12-2012 Novotel Amsterdam
Table number 132



Guidelines for use

- 1 Inform your surveillant in case the above mentioned data are incorrect.
- 2 Only one answer may be given per question.
- 3 If not all question lines have to be used, leave these lines empty.
- 4 Use a HB-pencil and complete the box in the appropriate way (see example).
Erase errors properly with a clean pencil-eraser.

right

wrong

wrong

1 a b c d

2 a b c d

3 a b c d

4 a b c d

5 a b c d

6 a b c d

7 a b c d

8 a b c d

9 a b c d

10 a b c d

11 a b c d

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30 a b c d

31 a b c d

32 a b c d

33 a b c d

34 a b c d

35 a b c d

a b c d

EFS & ESSM Certified Psycho-Sexologist (ECPS)

Who can apply?

- ▶ University qualified psychologists, who are accredited in their country of practice
or
- ▶ Psychiatrists
or
- ▶ Medical doctors with academic psychotherapy degree
and
- ▶ Postgraduate training in sexology including supervised experience

Exam for psycho-sexology

Since 2013

- **Exam committee**

Chair: Mehmet Sungur (Psyc/sex)

Co-Chair: Evie Kirana (Psy/sex)

Janico Georgiadis (sci)

Tilmann Krueger (Psyc)

Lior Lowenstein (Gyn)

Cobi Reisman (Uro/sex)

Francesca Tripodi (Psy/sex)

Guy T'sjoen (Endo)

Domains:

1. Introduction to human sexuality
2. Issues of intimate relationships
3. Bio-psycho-social aspects of sexual development and the sexual response
4. Diagnostic and therapeutic methods in psychosexual therapy
5. Male sexual dysfunction
6. Female sexual dysfunctions
7. Medical conditions and their relation to sexual function
8. Other sexual disorders
9. Issues related to contraception and childbirth



Exam date: 28 January 2014

Registration deadline: 7 November 2013

Location:

Ramada Plaza Istanbul,



Examination format

The exam duration will be 3 hours and will include 100 MCQ's in domains of Clinical Sexology according to the **EFS/ESSM Syllabus of Clinical Sexology** which will be published soon by the ESSM Education Committee and in collaboration with the EFS.

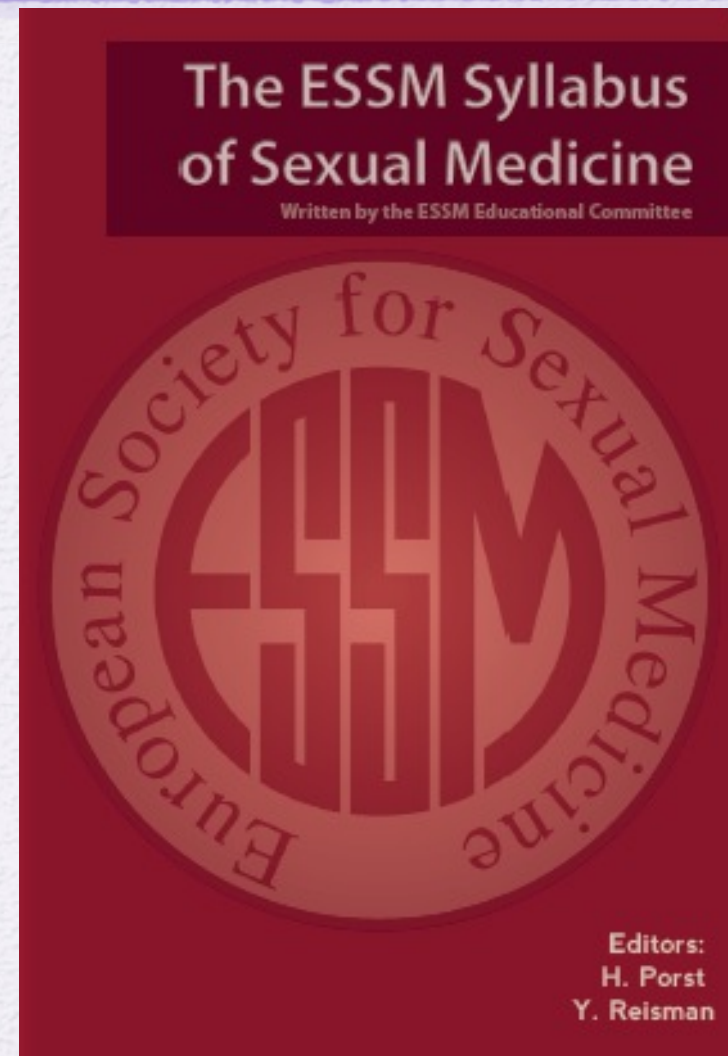
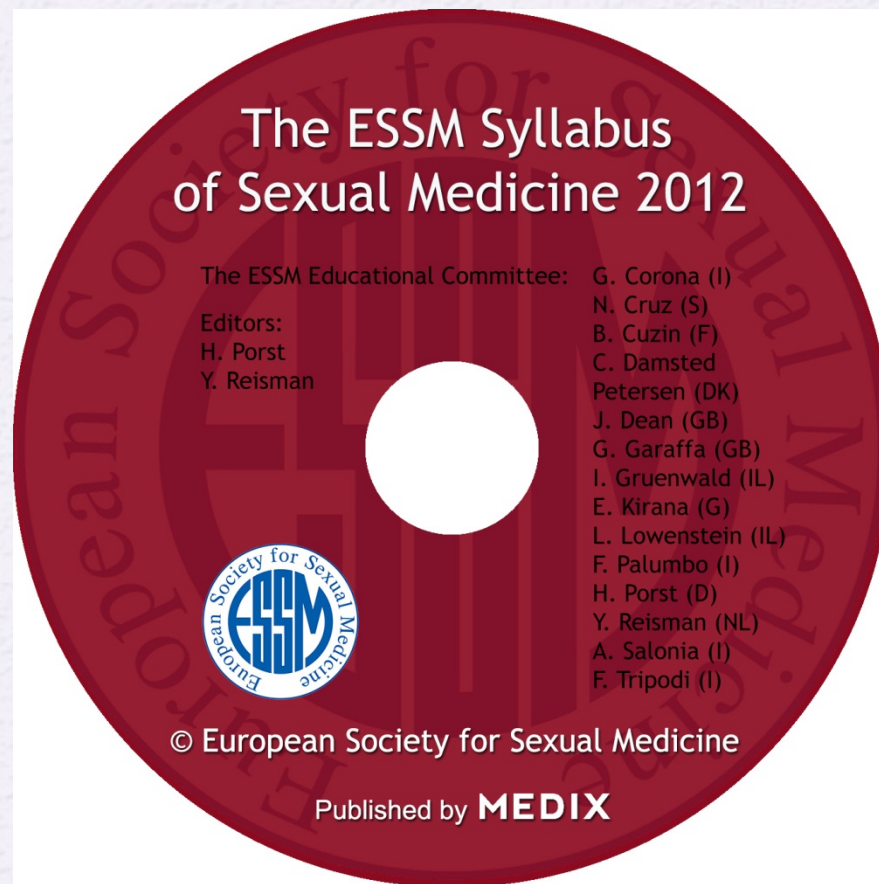
It includes the following domains:

- Introduction to Human Sexuality
- Issues of Intimate Relationships
- Bio-Psycho-Social Aspects of Sexual Development and the Sexual Response
- Diagnostic and Therapeutic Methods in Psychosexual Therapy e Male Sexual Dysfunctions
- Female Sexual Dysfunctions
- Medical Conditions and their Relation to Sexual Function
- Other Sexual Disorders
- Issues Related to Contraception and Childbirth



**KEEP
CALM
PREPARE FOR
EXAM
SUCCESS**

Authors: Educational Committee of ESSM



The EFS and ESSM
Syllabus of
Clinical Sexology

ESSM
Educational Committee

Editors:
P.S. Kirana
F. Tripodi
Y. Reisman
H. Porst



MEDIX publishers

The EFS and ESSM Syllabus of Clinical Sexology

ESSM Educational Committee



E F S
EUROPEAN FEDERATION OF
SEXOLOGY

Editors:
P.S. Kirana
F. Tripodi
Y. Reisman
H. Porst

ESSM Examination Preparation Courses

- Aims to prepare for qualification exam in sexual medicine and psycho-sexology
- 3 days of intensive lectures according to the curriculum of Sexual Medicine and Clinical Sexology
- Just before the exam date





16th CONGRESS OF THE EUROPEAN SOCIETY FOR SEXUAL MEDICINE joint by the 12th Congress of the European Federation of Sexology

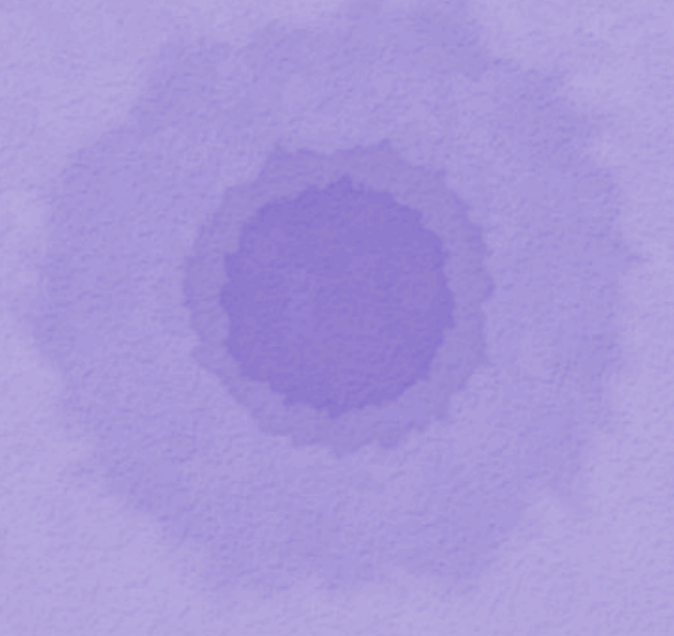
29 January – 1 February 2014 | Istanbul, Turkey



Next exam in 2016
Madrid!!!!!!!
Deadline for application
2nd Nov 2015

Hosted by: The Turkish Society of Andrology
The Turkish Association for Cognitive
and Behavioral Psychotherapies

www.essm.org | www.europealsexology.com



Εκπαίδευση στη σεξουαλική ιατρική
Το μέλλον



Multidisciplinary Joint Committee of Sexual Medicine

Multidisciplinary Joint Committee on Sexual Medicine (MJCSM)

Certification of Training Program in Sexual Medicine (TPSM)

(Version April 2012)

PREREQUISITES

1. A Training Program in Sexual Medicine must provide a balanced education in the knowledge, skill, attitudes and behaviors required for the practice of modern Sexual Medicine.
2. At the end of the training period and the assessment, trainees will be qualified to provide high quality care to sexual medicine patients.
3. The training program should provide exposure to the whole breadth of sexual medicine.
4. The minimum duration of Sexual Medicine training is 18 months.

Αξίζει τον κόπο!
